



BFFA MEMBERSHIP AGREEMENT

This agreement is made between **Brave Functional Fitness Association (BFFA)**, the operator of **Warrior Fitness Macau**, and the individual whose membership details are registered in the **TeamUp Gym Management Software** and/or any paper-based Membership Agreements.

This Agreement, Terms & Conditions, Informed Consent, Contact Form, Emergency Contact Form and Membership Specific Terms & Conditions together form the entire agreement between the parties.

This agreement may change without notice and is available at the reception of BFFA's Warrior Fitness and at www.warrior-macau.com under "Membership Agreement" in the footer of each page.

1. About Brave Functional Fitness Association (BFFA)

Brave Functional Fitness Association (BFFA) operates **Warrior Fitness Macau**, a **private, members-only fitness club**. BFFA's purpose is to promote the benefits of physical exercise, including improving personal fitness, strength, explosive power, speed, coordination, and flexibility. **BFFA** aims to foster public interest in physical exercise and promote sports culture in Macau through seminars, conferences, and fitness events

2. Membership Details

- 1. Private, Members-Only Club: BFFA's Warrior Fitness Macau is a private, members-only club.** Membership is required to participate in the fitness activities offered, including group classes, open mat sessions and unguided open gym sessions. Purchasing of any membership package includes membership to **BFFA** and includes access to **Warrior Fitness** facilities in accordance with the membership terms.
- 2. Free Trial (Associate Membership): BFFA** may, at its discretion, grant prospective members a **one-off free trial** as an associate membership. This trial allows limited access to **Warrior Fitness** facilities for one session only. Further access requires full membership.
- 3. Drop-in / Walk-In (Guest Membership):** BFFA may, at its discretion, grant access to **one session at a time**, as a guest membership. This membership allows valid adult and / or junior (Kids Club) group classes or other specific services offered by **Warrior Fitness** at the time of purchase. Participants may purchase and use the **Drop-in / Walk-In Guest Membership** as many times as desired. Each purchase grants access to one session, and there is no limit to the number of drop-in / walk-in sessions an individual can buy.
- 4. Personal Training – One-on-One – Introductory Single Session (Guest Membership):** BFFA may, at its discretion, grant access to **one session at a time**, as a guest



membership. This membership gives the member access to one single personal training one-on-one session offered by warrior Fitness. Participants may purchase and use the **Personal Training – One-on-One – Introductory Single Session membership** for one single time.

5. **Membership is Non-Transferable:** Membership is non-transferable and is only valid for the person registered in **TeamUp**. For minors, a parent or guardian must complete the registration. All members must provide accurate emergency contact information.
 6. **Membership duration:**
 1. Membership to BFFA is valid for the duration membership purchased and begins from the time of registration for the duration as listed in the terms of each membership on the management software – TeamUp.
 2. The membership to participate in the activities at Warrior Fitness is valid for the duration and/or number of sessions as listed in the terms of each membership on the management software – TeamUp.
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3. Types of Memberships

1. **Adult Memberships:** These memberships are available to individuals aged **16 years and older**. Those aged **16 and 17** must have a parent or guardian complete their registration. Membership grants access to adult group classes, open gym sessions, and other scheduled activities.
 1. Adult Memberships **include all membership types including, but not limited to:** private workouts, personal training (one-on-one, two-on-one or other), unlimited group sessions and package group sessions.
 2. **Junior Memberships (Warrior Kids Club):** Available to children aged **6-14 years**, these memberships allow participation in age-appropriate classes. Registration must be completed by a parent or guardian, and both the **Informed Consent Form** and **Emergency Contact Form** must be filled out. Admission of children outside this age range will be considered on a case-by-case basis by **BFFA**.
 1. Junior Memberships **include all Warrior Kids Club / Junior Memberships types including, but not limited to:** Warrior Kids Individual and Family & Friend package memberships for either 10 or 20 sessions.
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4. Payment and Class Booking

1. **Membership Payment:** Membership fees must be paid in full via the **TeamUp** platform before participating in any classes or activities. Payment options include credit card, mPay, bank transfer, or cash.
 1. A 2.5% processing fee will be applied to payments made via credit card.
2. **Class Reservations:** Members must reserve their classes through the **TeamUp** app or website. Class spaces are limited and available on a first-come, first-served basis.
3. **Cancellation and No-Show Policy:** Members may cancel class bookings up to two hours before the start of the class. Late cancellations or no-shows may result in



penalties, such as forfeiting a class credit for pack memberships or a reduction in membership duration for unlimited membership types.

5. Membership Holds

1. **General Membership Holds:** Members are entitled to place their membership on hold for up to **14 days once per year**. Requests for holds must be made in writing via email, specifying the start and end dates of the hold period. Hold requests cannot be made retrospectively. This hold policy does not apply to walk-in or free-trial memberships.
 2. **Government Mandated Holds:** Should the Macau government mandate closure of **Warrior Fitness**, membership holds may be applied. Hold status for individual members will be communicated based on government directives and at the discretion of **Warrior Fitness** within the boundaries of Macau law.
 3. **Other Unforeseen Circumstances:** If **Warrior Fitness** is required to close for any unforeseen reasons, members will be advised of their options regarding membership holds.
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6. Conduct, Liability, and Safety

1. **Code of Conduct:** Members are expected to comply with all these terms and conditions, membership terms & conditions, club rules, follow the instructions of instructors and staff, and maintain appropriate behavior. Failure to comply with these standards may result in the cancellation of membership without a refund.
 2. **Health Declaration:** By purchasing membership, members confirm they are in good health and capable of safely participating in fitness activities. Members are encouraged to consult a physician before starting any new fitness regimen.
 3. **Liability Waiver:** Members participate in all activities at their own risk. **BFFA** and **Warrior Fitness** accept no liability for any injuries, damages, or losses sustained while on the premises.
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7. Training Attire

1. **No street shoes** are allowed on the mats with Combat Sport training to be conducted in bare feet, training socks, or appropriate shoes that remain in the facility and have not been worn external to the facility. Shoes must be worn for any weightlifting training, however, shoes must not have been worn external to the facility.
2. Appropriate clothing must be worn during training with members to take direction from staff if they deem clothing to be inappropriate.



8. Facility Use and Security

1. **Personal Belongings:** Members are responsible for their own belongings while on the premises. Lockers are provided for use during registered sessions only. **Warrior Fitness** takes no responsibility for items left in the facility or lockers. Lost and found items will be disposed of weekly.
2. **Security Cameras:** Security cameras may be present in public areas (excluding locker rooms and bathrooms) for safety purposes. By entering the facility, members acknowledge that they may be recorded.

9. Photo and Video Policy

Warrior Fitness reserves the right to use photographs or video footage taken during activities for marketing purposes. This may include social media, website content, and other promotional materials. Members consent to this usage by participating in activities at **Warrior Fitness**, provided such usage respects the individual's dignity and aligns with the club's community spirit.

10. Amendments and Modifications

BFFA reserves the right to amend or modify this agreement at any time. Significant changes will be communicated via email or the **TeamUp** platform. Members are responsible for keeping their contact information up to date.

11. Contact Information

Members must ensure their contact details are accurate and up to date. Any changes can be made via the **TeamUp** app or by contacting **Warrior Fitness** at info@warrior-macau.com.